

CALVERT COUNTY
LOCAL DRUG AND ALCOHOL COUNCIL
(LDAAC)
STRATEGIC PLAN UPDATE
FY 2014-2016

July 1, 2013 – June 30, 2014

Goal 1: Continue to educate the citizens of Calvert County about substance use and abuse among its citizens and the potential negative effects of such use upon family and community life.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Increase efforts in public awareness campaigns that reach all Calvert residents and are supported by multiple county agencies.	Calvert County Health Department, Calvert Substance Abuse Services, Calvert Alliance Against Substance Abuse, Inc., Prescription Drug Abuse Abatement Council, Maryland Strategic Prevention Framework MSPF), Calvert Healthcare Solutions, Calvert County Department of Social Services	1. Increase prevention program offerings.	<p>8 Guiding Good Choices (GGC) cycles have been completed this year with a total of 32 participants.</p> <p>6 Treatment of Intervention Procedures (TIPS) sessions have been completed this year with a total of 105 participants.</p> <p>The majority of the remaining prevention performance measure targets such as community outreach, speaking engagements, Back to School Nights, resource centers, health fairs, MSPF outreach efforts, etc have already been completed year to date.</p> <p>Some examples are: Calvert County Fair, both Senior and Youth Days, MSPF outreach efforts, Designated Drive Events at Calvert Marine Museum/College of Southern Maryland/Chesapeake Ranch Club Liquor Stores, Services for Veterans Outreach, Tobacco Prevention Event, Senior Center Substance Abuse Presentations, On Our Own Substance Abuse Presentations, National Night Out, Back to School Night, Hope & Healing Event Emmanuel Church, SMILE Outreach Event, Youth Day, Calvert Golf Tournament Youth Benefit, Protecting Our Seniors Event, Calvert Cliffs Employee Health & Safety Fair, Calvert Interfaith Church Event, Resource Fair, Red Ribbon Week, Barstow Acres Conference Presentation, MSPF Symposium Conference</p>

		<ol style="list-style-type: none"> 2. Maintain alliance with social service organizations to include but not be limited to schools, Department of Social Services, mental health providers, civic groups, treatment providers and criminal/juvenile justice agencies. 3. Attempt to secure additional prevention funding. 4. Conduct community forums/focus groups regarding substance abuse issues. 5. Continue to write/contribute to articles for local newspapers. 6. Continue the efforts of the Prescription Drug Abuse Abatement Council. 7. Increase outreach efforts to have people sign up for health insurance. 	<p>Presentation, Wellness Class Presentation at College of Southern Maryland, Fire, Unite, and Empower Leadership Patuxent High School Presentation.</p> <p>Maintain an active alliance with our community partners as evidenced by participation in councils and boards.</p> <p>See Goal 6 outcomes.</p> <p>FY 15 achieved implementation funding for the Maryland Strategic Prevention Framework (MSPF).</p> <p>The Prescription Drug Abatement Council Community Forum took place April 3rd at the College of Southern Maryland. The next forum is set for September 2014.</p> <p>Completed advertisements for local media</p> <p>Continue to participate in meetings and activities of the Prescription Drug Abatement Council.</p> <p>Referral of all uninsured to Calvert Healthcare Solutions and Calvert County Department of Social Services and Calvert County Health Department's Maryland Children's Health Program for assistance in obtaining health insurance.</p>
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<p>Objective 2: Maintain and enhance formal mechanism through which prevention agencies, providers and other groups coordinate actions.</p>	<p>Calvert County Core Services Network, Calvert Substance Abuse Services, Calvert Alliance Against Substance Abuse Council</p>	<ol style="list-style-type: none"> 1. Maintain updated information “Network of Care” software program 2. Continue presentations to potential users of “Network of Care” program 	<p>Pending training to be provided by Trilogy/Network of Care soon.</p> <p>Updates to the “Network of Care” program are being approved and posted in a more timely and consistent manor by Trilogy.</p>
<p>Objective 3: Maintain and enhance the “Take Back Program” operated by the local Prescription Drug Abuse Abatement Council which assists in the safe disposal of prescription medications.</p>	<p>Calvert Alliance Against Substance Abuse, Inc., Calvert Substance Abuse Services, Maryland State Police Barrack U, Calvert County Sheriff’s Department, Coalition of Calvert County Pharmacists, Comcast, Prescription Drug Abuse Abatement Council</p>	<ol style="list-style-type: none"> 1. Provide locations for citizens to leave unused, expired and/or unwanted medications 2. Provide additional repositories as needed 	<p>Calvert County Sheriff’s Department, Asbury, Solomons and Maryland State Police Barrack U</p> <p>From January 1, 2014 to June 12, 2014, the Sheriff’s Office collected 331 lbs of drugs in their drop box.</p> <p>From January 1, 2014 to June 30, 2014, MSP collected 677 lbs.</p>

Goal 2: Maintain the current continuum of treatment services accessible by county residents.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Attempt to secure financial assistance for those seeking Buprenorphine treatment.	Calvert Substance Abuse Services	<ul style="list-style-type: none"> Limited Buprenorphine funding available from ADAA Contracts with: <ol style="list-style-type: none"> Dr. Saleh, Prince Frederick, MD Dr. Hadley, Prince Frederick, MD Dr. Allen, Prince Frederick, MD Dr. Whitby, Edgewater, MD Dr. Miller, Prince Frederick, MD 	<u>Buprenorphine funding referrals:</u> FY 14 Total: 25 Physician Visits
Objective 2: Have available inpatient referrals at all levels of care	Calvert Substance Abuse Services	Contracts with: <ul style="list-style-type: none"> Calvert Memorial Hospital Emergency Psychiatric Services, Prince Frederick, Maryland Carol Porto Treatment Facility, Prince Frederick, MD Hope House, Crownsville, MD Jude House, Bel Alton, MD Pathways, Annapolis, MD Walden Sierra, Leonardtown, MD Warwick Manor, East New Market, MD 	<u>Inpatient Funding Referrals:</u> FY 14: 72

Goal 3: Provide Calvert Memorial Hospital Emergency Psychiatric Services with options for serving substance abusing clients presenting with mental health issues.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Provide immediate inpatient placement and transportation for emergency room clients in need of medically supervised detoxification services.	Calvert Substance Abuse Services, Calvert Memorial Hospital, Emergency Psychiatric Services (EPS), Patriot Transportation, Hope House, Warwick Manor and Walden-Sierra, Carol Porto Treatment Center, Jude House	<ol style="list-style-type: none"> 1. Conduct training for Emergency Psychiatric Services staff in the use of ASAM criteria 2. Secure/maintain contractual agreement with transportation company 3. Secure/maintain contractual agreement with Level III inpatient facilities 4. Review procedures for referral and also for billing and adjust as needed 	As needed Patriot Transportation Contracts with Hope House, Walden-Sierra, Warwick Manor, Carol Porto Treatment Center, Jude House and Pathways. <u>Inpatient Funding Referrals from CMH to Inpatient Centers:</u> FY 14: 14 Bed days utilized: 98 days (approximately 7 days per placement) As needed
Objective 2: Provide timely services to clients admitted to Calvert Memorial Hospital (CMH) with substance abuse problems	Calvert Memorial Hospital, Calvert Substance Abuse Services and many different potential inpatient providers	<ol style="list-style-type: none"> 1. Establish process for CMH Social Workers to request an “emergency” evaluation 2. Calvert Substance Abuse Services conducts an assessment as soon as possible 3. Calvert Substance Abuse Services make recommendation for a specific level of care (if any) and makes referral and/or financial arrangements as needed. 	Some referrals may require Calvert Substance Abuse Services to conduct on-site assessments (i.e. Psychiatric Unit or Medical Unit).

Goal 4: Enhance the system of substance abuse prevention, intervention, treatment and recovery services available to Calvert County citizens.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Better utilization of substance abuse services in schools	Board of Education, Calvert Substance Abuse Services	1. Ongoing meetings between Board of Education and Substance Abuse Services staff 2. Meetings between school officials and Substance Abuse Services staff	2/24/14- Citizens Advisory Council with CAASA 4/9/14- Meeting at BOE to discuss prevention effort in school with CAASA 5/29/14- Meeting at BOE to discuss YRBS data findings 6/27/14- Meeting with head of Health Curriculum to discuss teacher training and curriculum supplementation with CAASA
Objective 2: Raise awareness of County citizens in the areas of: 1. Underage drinking and reduce its prevalence among County teens 2. Illegal use of prescription drugs, opiates and heroin, their consequences and reduce use by County teens 3. High rate of marijuana use by our teen population	Calvert County Health Department, Calvert Substance Abuse Services, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee, Maryland State Police, Calvert County Sheriff's Department	1. Give presentations 2. Distribute information	See School related prevention efforts listed under Goal 1. <u>Adolescent Enrollments at Calvert Substance Abuse Services:</u> <ul style="list-style-type: none"> FY 14: 39
Objective 3: Enhance the current system of recovery support services available to Calvert County citizens	Calvert County Health Department	1. Planning a complete system of recovery services 2. Recruiting recovery support providers/volunteers/peers to increase spectrum of services	<u>Recovery Community Center Activities:</u> FY 14 Year to Date: Recovery Community Center Activities: # of unique attendees: 172 Some Examples of events: Substance Abuse Prevention Presentations, Bingo, AA Meeting, Pool Tournament, Animal Therapy, Mental Health Support Group, Recovery Support Group, Co-Occurring Presentation, Community Resource Presentation, Anti-Stigma Presentation,

			<p>Guiding Good Choices, WRAP, etc.</p> <p>FY 14 Year to Date: Peer Support Services: 2 volunteers, The Dawn of Recovery (2 weekly peer support groups, suspended since 9/2013)</p> <p><u>Continuing Care:</u></p> <p>FY14 Year to Date: # of cases: 12 # of sessions conducted: 100 sessions</p> <p><u>Care Coordination:</u></p> <p>FY14: unique participants: 148</p> <p><u>Recovery Support Services:</u></p> <p># unique participants: 342</p> <p>Some Examples of events: Substance Abuse Prevention Presentations, Recovery Support Group, Co-Occurring Presentation, Community Resource Presentation, etc.</p>
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Goal 5: Maintain full collaboration among community entities serving substance abuse clients.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Maintain interagency coalition	Calvert Substance Abuse Services, Calvert County Core Service Agency, Calvert County Health Department Mental Health Services, Health Roundtable Group, Calvert Alliance Against Substance Abuse, Inc., Carol Porto Treatment Facility (Private Provider), Calvert Memorial Hospital, Department of Juvenile Services, Department of Social Services, Calvert County State's Attorney's Office, Department of Parole and Probation, Calvert County Sheriff's Office, Calvert County Public Defender, Maryland State Police, Living Waters (Private provider), Calvert County Board of Education, Calvert County Family Network, Circuit/District Court Judges, Prescription Drug Abuse Abatement Council	<ol style="list-style-type: none"> 1. Local Drug and Alcohol Council meetings 2. Agency sharing of pertinent data 3. Discussion/development of potential new programs and/or resources 	Memberships on the Local Drug and Alcohol Council, Core Services Agency Board, Core Services Agency Provider Meeting, Family Violence Council, Child Fatality Review Board, Domestic Violence Fatality Review, Recovery-Oriented Systems Change Team, Recovery-Oriented Systems of Care Provider Group, Veterans Service Provider Group, Mental Health Planning Committee, Prescription Drug Abuse Abatement Committee, Multi-Disciplinary Committee, Local Cares Team (LCT), Improved Pregnancy Outcomes Committee, Substance Abuse Response Team (SART), to name a few.

Goal 6: Improve the quality of services provided to individuals in the criminal justice system who present with substance abuse problems.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Enhance the screening, assessment and evaluation for those individuals involved with either the criminal justice/juvenile justice system exhibiting a need for substance abuse treatment.	Calvert Substance Abuse Services, Calvert County Core Service Agency, Calvert County Health Department, Department of Juvenile Services, Department of Parole and Probation, Calvert County Sheriff's Office, Calvert County Detention Center	Monitor data for trends biannually.	<u>Unique Enrollments at Calvert Substance Abuse Services</u> FY 14 465
Objective : Enhance training of the substance abuse counselors working in the Calvert County Detention Center	Calvert Substance Abuse Services, Calvert County Core Service Agency, Calvert County Health Department, Calvert County Sheriff's Office, Calvert County Detention Center	Offer training opportunities.	Counselors have been trained on Moral Reconation Therapy (MRT) and evidenced based cognitive behavioral therapies. The Core Service Agency offered local training on Cultural Competency, Motivational Interviewing, Trauma Informed Care, Social Security Disability, Co-Occurring Disorders and Mental Health First Aid to counselors at no cost.

Goal 7: Enhance community response and collaboration between treatment and the criminal justice system.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Make application to Maryland Problem Solving Courts to fund adult drug court initiative in Calvert County.	Calvert County Circuit Court, Calvert Substance Abuse Services, State's Attorney's Office, Public Defenders' Office, Parole and Probation, Calvert County Office of Community Resources, Calvert County Sheriff's Department, Maryland State Police, Calvert County Detention Center	Develop proposal for submission.	Application for funding was submitted on March 17, 2014. Status is pending.

Goal 8: Create opportunities to educate, collaborate and partner with multi-disciplinary medical and behavioral health providers within the jurisdiction to develop and implement strategies/interventions for Opioid Overdose Prevention.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Educate the medical community as well as behavioral health treatment providers about overdose and opportunities for effective intervention.	Calvert County Health Department, Calvert Substance Abuse Services, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee.	<ol style="list-style-type: none"> 1. Lecture on abuse of prescription drugs to the medical staff of Calvert Memorial Hospital. 2. Send educational letters to community prescribers. 3. Distribute educational brochures to all local pharmacies for counter display. 4. Educate providers about the upcoming availability of the Prescription Drug Monitoring Program. 5. Develop further outreach to area dentists. 6. Develop further outreach to area pharmacists. 	<p>The Health Officer gave a presentation on narcotic and benzodiazepine abuse at a CMH medical staff meeting.</p> <p>The Health Officer also coordinated a meeting between the Johns Hopkins child/adolescent psychiatrist with BHIPP and our local pediatrician, family practitioners, and nurse practitioners as a resource for consultations on their patients with behavioral health problems</p> <p>The Health Officer has also done education for the area dentists on the narcotic abuse problem and steps they can take to screen patients and refer them for treatment if needed</p> <p>The Health Officer conducted training for ½ of the Sheriff's Department officers on the use of naloxone. Training will be provided to the rest of the Sheriff's Department July 2014.</p> <p>The Health Officer will provide ongoing training to new staff throughout the year as well as medical and technical support on an ongoing basis.</p> <p>The Health Officer also does education of the Sheriff's Dept, State Police, and County State's Attorney's office about substance abuse from public health and medical standpoints.</p>

<p>Objective 2: Outreach high-risk individuals and communities. Provide education, referral and intervention where appropriate.</p>	<p>Calvert County Health Department, Calvert Substance Abuse Services, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee.</p>	<ol style="list-style-type: none"> 1. Target efforts to improve accessibility to treatment, address barriers to transportation and limited Buprenorphine options for pregnant women. 2. Monitor local ER and inpatient overdose/intoxication visits, intervene where appropriate. 3. Presentations to senior groups. 4. Presentations to high school health classes and at the community college. 5. Presentation to PTA groups. 6. Presentations to community civic organizations. 7. Distribute educational materials at health fairs. 	<p>Calvert Substance Abuse Services has three offices across the County.</p> <p>Calvert County Health Department's Medical Assistance Transportation Program is available by appointment to all MA clients</p> <p>Data pending due to Calvert Memorial Hospital Staff turnover.</p> <p>See Goals I outcomes.</p> <p>See Goals I outcomes.</p> <p>See Goals I outcomes.</p> <p>See Goals I outcomes.</p> <p>See Goals I outcomes.</p>
<p>Objective 3: Develop and implement Opioid Overdoses Prevention initiatives and interventions.</p>	<p>Calvert County Health Department, Calvert Substance Abuse Services, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee, Calvert County Sheriff's Office, College of Southern</p>	<ol style="list-style-type: none"> 1. Facilitate Prescription Drug Abuse Community Awareness workshop. 2. Monitor the number of unduplicated individuals accessing substance abuse services within the jurisdiction. 3. Participate in DEA take back events. 	<p>Prescription Drug Abuse Community Forum was held April 3, 2014 at the College of Southern Maryland.</p> <p>Unduplicated count FY 14: 465</p> <p>From January 1, 2014 to June 12, 2014, the Sheriff's Office collected 331 lbs of</p>

	Maryland.	<ol style="list-style-type: none"> 4. Maintain prescription drop box at Sheriff's Office and State Police Barracks. 5. Facilitate periodic prescription collections at senior facilities. 6. Partner with neighboring counties on provider education and prescription monitoring. 7. Monitor the number of arrests related to drugs, possession, distribution and/or theft of prescription drugs. 8. Monitor all available data sources, including SMART, for usage trends for levels of care within Calvert County. Include relevant subpopulations. 9. The Prescription Drug Monitoring Program (PDMP) monitors the number of prescribers, both medical and dental utilizing the PDMP within the jurisdiction. 	<p>drugs in their drop box.</p> <p>From January 1, 2014 to June 30, 2014, MSP collected 677 lbs.</p> <p>State monitors and reports results to the Calvert County Health Officer</p>
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